

# Connections

2022 Annual Newsletter



Austin Speech Labs

# Letter From The President

*“Connection is why we're here. We are hardwired to connect with others, it's what gives purpose and meaning to our lives, and without it there is suffering.” – Brene Brown*

Human connections give purpose to our lives and help us form friendships, as well as family and professional relationships. The ability to communicate with others is key to forming and maintaining these human connections.

At Austin Speech Labs, we are committed to helping stroke survivors regain their ability to communicate by supporting them in their efforts to connect with others. Last week, as I was supervising and walking through the hallways, I heard a client's frustration and walked in to see what it was. I could hear Sarah saying, "Ugh....wedding..... don't know... I mean... don't know." Sarah is a young 44-year-old mother of three beautiful children. Before her stroke, Sarah thrived on socializing and was part of a large group, so not being able to get her words out frustrates her and causes a lot of anxiety now. Through back-and-forth questions, I understood that she was going to a friend's wedding and was anxious about how she was going to be able to communicate that night. So, our session focused on helping Sarah develop words that she could use to interact with and connect with her friends.

Sarah is one of about a hundred stroke survivors that we are currently seeing at Austin Speech Labs. Each client was part of a vast network of friends, family and coworkers, and suddenly, these networks were broken, leaving them isolated and alone after their stroke.

Human connections are not easy to build; it takes time, effort, trust, and knowing each other well. After a stroke, it takes significantly more effort, as stroke survivors must first work towards rebuilding those brain pathways that help us form connections. It takes years of intensive speech therapy to rewire the brain pathways to retrieve words and sentences so they can connect with their kids, families, and friends again.

Tom Warmbrodt, a 40-year-old stroke survivor, walked up to me as I was writing this article and said that for the first time since his stroke in March of 2020, he had a conversation with an Uber driver. The smile on Tom's face was priceless. He could connect to the driver and communicate his needs, instead of quietly sitting and feeling lonely.

Your donations help stroke survivors like Sarah and Tom receive Austin Speech Labs' intensive speech therapy so they can reach their maximum potential. Because of your generosity and contributions, we were able to provide 16,248 hours of therapy to 492 stroke survivors this year and help them rebuild connections that give them more purpose in life.

On behalf of the Austin Speech Labs Board and Staff, I would like to thank each one of you. Your continued support through donations, volunteering, and advocacy is making a huge impact in the lives of stroke survivors so they can regain communication and connections **One Word At A Time**.

Happy Holidays!!!

*Shilpa Shamapant*

**Shilpa Shamapant**

M.S., M.A., CCC/SLP

President and Co-Founder



Shilpa, clients, a student volunteer and a graduate student, connecting during a therapy session.

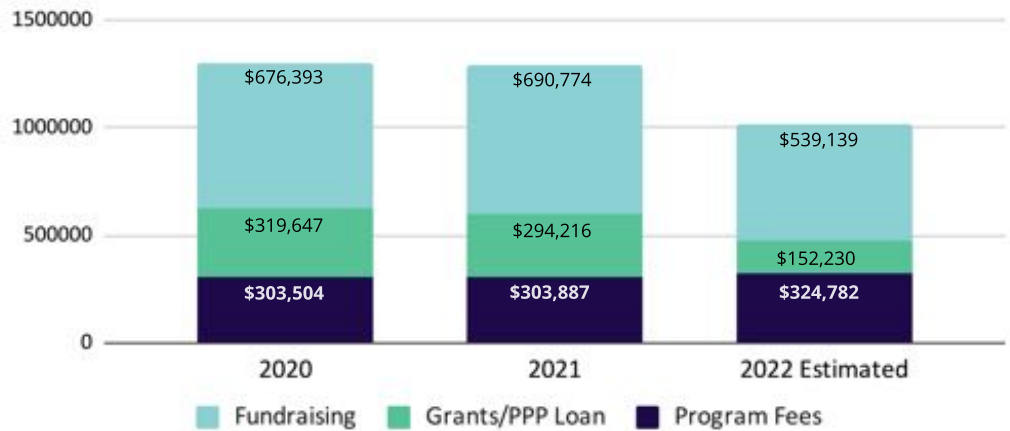
# Growth and Impact

## Therapy Hours Provided & Total Clients 2020-2022

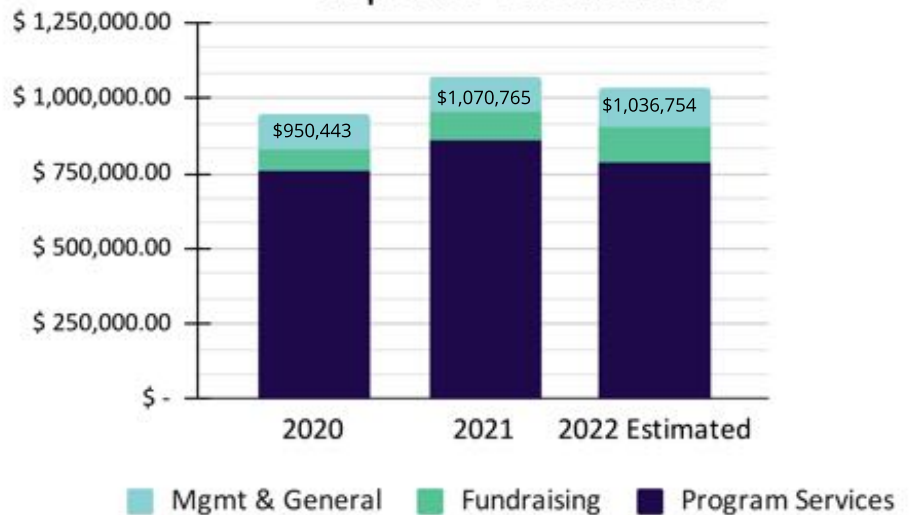


It has been a busy year at Austin Speech Labs. We are continuing to expand and grow our programs. This year we have been collecting data on comparing in-person therapy to teletherapy. Our numbers indicate that progress is slightly more significant when the client is in-person, but all delivery models have shown progress. We currently have a caseload of 100 clients and have a running wait list.

## Income Sources



## Expense Distribution



# Donor Spotlight



## Sherrie Frachtman

Very few times in life do you meet someone who has dedicated themselves to serving their community like Sherrie Frachtman has. Sherrie Frachtman is a current member of Austin Speech Labs' Board of Directors. Sherrie has been involved with Austin Speech Labs since 2009 when she learned about us during an informational learning session presented by Shilpa Shamapant at a friend's house. Little did she know that this was the beginning of a long relationship. Inspired by Shilpa's passion and determination, she and her husband, Bob, became contributors and supporters of Austin Speech Labs, attending their first One Word At A Time fundraising event in 2010.

Shortly after that, Sherrie joined the Austin Speech Labs Advisory Board. In 2016, she was invited to join the Board of Directors, where she continues to serve the organization. As if that wasn't enough, Sherrie served as the Chair to our major fundraiser, One Word At A Time, as well as in other development endeavors to ensure the organization's sustainability.

Sherrie was drawn to Austin Speech Labs because her grandfather had suffered a stroke and she saw first hand how debilitating it was for him, her grandmother, and their family. Sherrie says, "ultimately, though, my support has been because I believe in the organization's mission to 'support stroke survivors and their loved ones in rebuilding their lives by providing intensive, affordable, and innovative speech and cognitive therapy.' Their determination to provide stroke survivors access to the therapy they need to thrive at home, at work, and in the community' and, the way they go about doing this, is truly awe inspiring." As a physician, Bob has been impressed with the research conducted by Austin Speech Labs, which demonstrates that our model and delivery of intensive therapy allows stroke survivors to continue improving even many years after the onset of their stroke. He also admires the leadership and staff's dynamic approach to treatment: to constantly improve the therapy experience for stroke survivors and to get the most impact in the shortest amount of time possible. Austin Speech Labs remains special to Sherrie because of how amazing and

life-changing of an asset it is in Austin. She loves witnessing the daily miracles that happen as a result of the hard work of our clients and therapists.

On behalf of the clients and staff at Austin Speech Labs, we can't thank Sherrie enough for her service to this organization. Her contributions have been extraordinary. She gives, and gives, and gives, and then gives some more. We all have benefited tremendously from her time, efforts, and contributions.

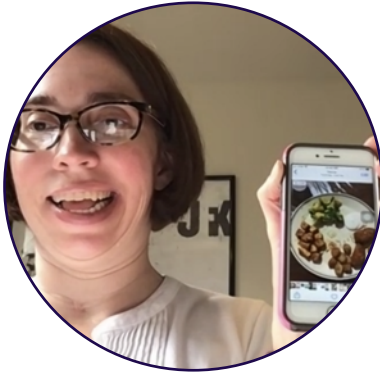
Thank you for everything, Sherrie! You truly are one in a million.



Dr. Bob and Sherrie Frachtman

# Small Victories

We have all experienced major changes in the past couple of years. Today, we wanted to take a moment to think about the little things. Everyday we use speech as our main way to communicate, but it's easy for us to forget how important it is. Let's take a moment to recognize these small victories because **every word counts**.



Dr. Hinds has been working hard to take on more roles in the household. As her reading, writing and math improved, so did her ability to follow recipes and prepare a menu. This boot camp she started helping cook the meals for herself and her 6 year old son.



By focusing on his reading and writing skills, Delvin was able to fill out an application, interview and get a job. He is working part-time for Amazon. He has to travel about an hour by bus and foot each way, but he is so happy to be working again.



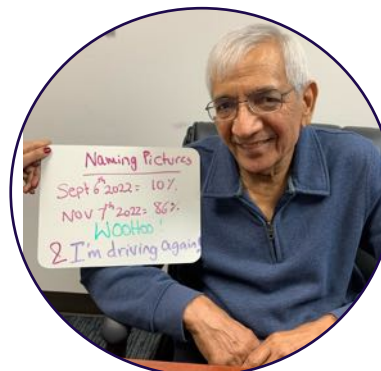
As soon as Cherry got discharged from the hospital she wanted to get her nails done. Her husband went with her the first few times to make sure she could communicate her needs. Now she is going all on her own.



As Tom's language has improved, so has his confidence. He recently learned how to get himself to and from therapy by using Uber or his electric scooter. This has not only increased his independence, but been a huge help for his wife as well.



Monty has been living with friends since his stroke, but as his communication has improved, he's been able to move out and into his own apartment. He was so happy to get the keys to his new place this October.



Mr. Patel is getting his words back. He made huge gains on his ability to name objects in just one month. He is also driving again!

# Karen Never Quits

My name is Karen. I live in Paige, Texas with my husband, three cats, and two dogs. I love spending time with my husband, daughter, son-in-law, and two grandsons. I love animals- that's why I worked as a receptionist for a vet clinic. I was there for three years before I had my first two strokes. I was able to go back to work after my first two strokes for 10 more years. I have always been a big talker. Language, for work or for socializing, is very important to me.

I had two strokes in November 2007. I was getting ready for my grandson's soccer game. Then, my husband found me on the bathroom floor. He picked me up and saw my mouth was drooping and my forehead was bleeding because I hit the toilet. He told me that I had a stroke. I was mad at him. I told him that I didn't have a stroke. I just needed to lay down a little bit and get going again. Then, I heard him on the phone asking for an ambulance. I was mad at him again. In the ambulance, I told the EMT, "He thinks I had a stroke." The EMT said, "I hope not." In the hospital, they did tests. My husband was right. I DID have a stroke. Later that evening, I had another stroke. Then I couldn't talk or swallow.

After a week at St. David's in Austin, I was transported to Temple for insurance purposes. My husband stayed with me for two weeks. He, my daughter, son-in-law, grandsons, friends, my boss and his family came to see me. I had lots of support! My mom used say, "later on we'll laaaauugh about it." My daughter said that to me when she saw me in the hospital. She was right. We just laugh about it. After six months, I could drive again and I went back to work. I could swallow and talk. My speech wasn't really good, but I could talk!



Pictured (left to right): Tim Ristow (son-in-law), Tracy Ristow (Daughter), Ben Ristow (Grandson), Matthew Ristow (Grandson), Karen Matthijetz, Gene Matthijetz

Then, I had another stroke in February 2021. And, my speech was worse. Because of COVID-19 restrictions, my family and friends couldn't come to visit me. But, the doctors, nurses, speech, physical and occupational therapists were awesome! They had me "working" for three hours a day. I was tired! Things were better when I left ICU and went to rehab. My husband, daughter and grandson came to see me at the window. I just wanted to hug them so tight. My neighbors sent letters and a friend knitted a beautiful prayer shawl. When it was time for me to go home, my doctor recommended Austin Speech Labs. I'm so glad he did. They have helped me so much. My speech has really improved. At first, I couldn't say long words. Now I can. The therapists at Austin Speech Labs told me to clap out the syllables. Now I can pronounce my prescriptions.

I used to love reading before my stroke. After my stroke, I couldn't read at all. When I started here, I could only read short passages. Now I can read several pages at a time, slowly. My church is encouraging me to read verses for the children. I wasn't sure I could do it. The Sunday school teacher said, "Yes, you can do it." I also asked the speech therapists at Austin Speech Labs about it. They said, "Yes, you can do it. We'll help you." I love scrapbooking, but after my stroke I couldn't find the words to describe the stories my pictures represent. I would write, "We had fun" or I wouldn't journal at all. Austin Speech Labs helped me to write paragraphs. I'm enjoying scrapbooking so much more now. I wouldn't change my experience at all.

My life is better than before. I was always close to my family but I'm even closer to them now. Little things don't worry me as much anymore. Have faith, work hard, and every day will be better than the day before.

*Karen Matthijetz*

# Volunteer Spotlight



Volunteer Julie working with Kendall

This year, we are spotlighting one of our community volunteers, **Julie Jacob**. Julie has been volunteering with us since 2018, pre-pandemic! She graduated from the University of Texas at Austin with a bachelor's degree in Speech Communication and completed her post-bachelor's studies in education and biology. Julie had a long, rewarding career working at the American Cancer Society, focusing on Counseling, Patient Services and Performance Support. After she retired, she began to look for ways she could use her strengths and experiences to give back to her community.

**Q: How did you find out about volunteering at Austin Speech Labs?**

A: I heard about Austin Speech Labs from a colleague at another non-profit organization who saw a posting about volunteer opportunities. I checked out the website to learn more, and immediately knew I wanted to get involved.

**Q: How has volunteering at Austin Speech Labs impacted your life?**

A: Three words immediately come to mind: *inspiration, gratitude, relationships*.

I am inspired in all my sessions by the resilience, commitment, and positive attitudes I see from every client. The opportunity to be a part of someone's recovery path is a huge privilege that I am grateful for every day. And, I truly value my relationships with the clients and staff.

**Q: Is there a particular moment or client that stands out to you as a volunteer? What is your most memorable experience as a volunteer here?**

A: Honestly, there is no way to pick out one moment, one experience, or one client as most memorable. That's kind of like making me pick my favorite dessert - too many great choices to select just one! What feeds me every day is discovering what's most impactful and important to each unique individual, and trying to find creative and meaningful ways to help them work toward their goals. Even though a client can get frustrated with the pace or degree of their progress, each one remains completely committed and focused on doing the hard work needed to get there. That makes me even more dedicated to finding the most effective approaches for each person. Along the way, we seem to always find ways to laugh and connect, human to human.

Having volunteers like Julie makes a huge impact on our clients and our organization. Julie isn't here to check a box or get a grade, she's there to help our stroke survivors rebuild their lives and reach their goals. She is thoughtful with her time, and even plans and creates tasks that are meaningful to each client she works with. Julie gets to know our clients, she remembers their birthdays, she celebrates their highs and encourages them throughout their lows. She is making a huge difference in the lives of our stroke survivors and we are so grateful.

## WAYS TO GIVE

To find out more, visit our website at [austinspeechlabs.org/get-involved](https://austinspeechlabs.org/get-involved)

### Volunteer

We accept college students and community volunteers to help our stroke survivors.

### Friends of ASL

Make recurring donations by joining our monthly giving program.

### Company Match

Ask your company about their matching gift program and make your donation go even further.

### Donor Advised Fund

This is a private fund administered by a third party and created for the purpose of managing charitable donations.

### Shop to Give

Designate Austin Speech Labs as your charity of choice on AmazonSmile and each time you shop, Amazon will donate a % of your purchase to us.

thank you!

# One Word At A Time Recap

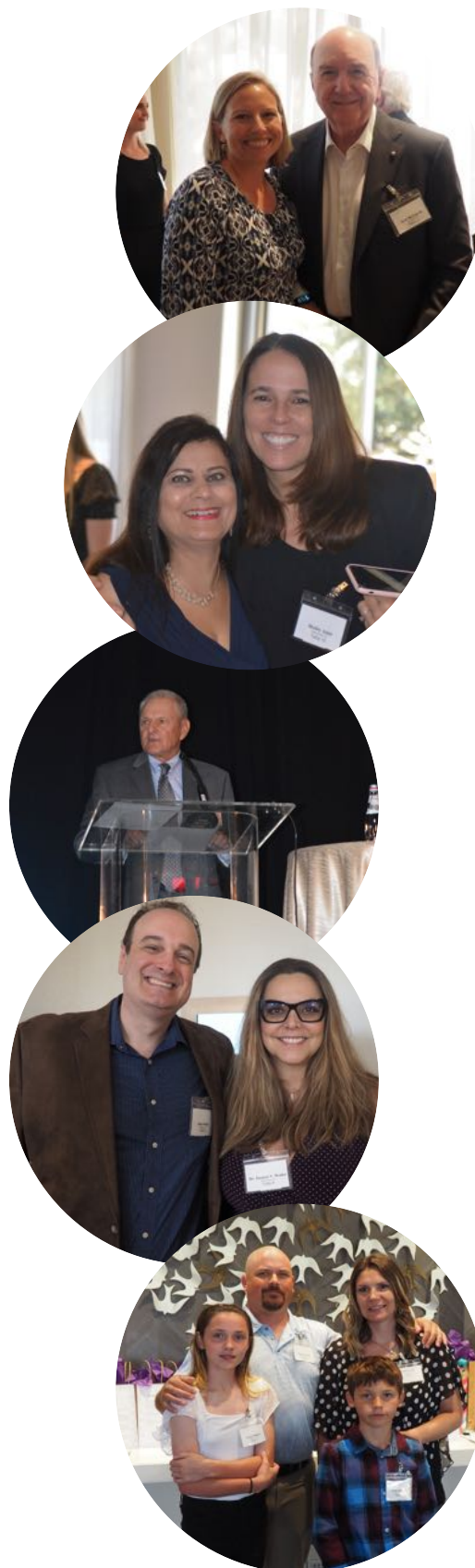
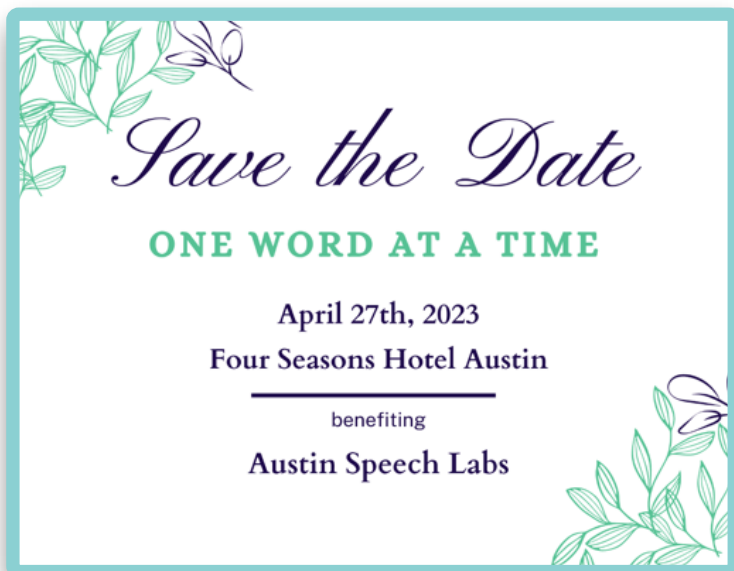
Our 2022 One Word At A Time event was a phenomenal success! With your support, we raised over \$400,000 towards our efforts to change the lives of stroke survivors. After two years of virtual events, it was wonderful meeting new people and reconnecting with so many familiar faces. Our Austin Speech Labs community continues to grow and thrive, and with each contribution, our mission to help stroke survivors communicate is advanced.

A highlight of the evening was our stroke survivors, Candace Barrow, Tom Leonardis and Jocelyn Harris taking the stage to share their stories of stroke and recovery. Each speaker was given a well-deserved standing ovation as the guests were captivated by their stories.

We are excited to share that one of our speakers from the evening, Jocelyn Harris, has completed her final boot camp session with us and has become a volunteer to help other survivors move along in their recovery.

These kinds of success stories are what we live for, and is what you support with your gifts. The Austin Speech Labs team could not thank you enough, and we look forward to sharing many more stories like Jocelyn's in the future.

The wheels are already in motion for our next annual event. Save the Date for April 27th, 2023 at The Four Seasons Hotel. We can't wait to share our stories and to celebrate the accomplishments of our clients.





# Thank you to our Generous *One Word At A Time* Sponsors

## Presenting Fortitude Sponsor

Nelson Puett Foundation

## Compassion

ANCHOREO LLC  
The Cain Foundation

## Resilience

Catherine Lucchesi and Tucker Groendyke  
Casey Gwinn and Family  
Robert and Donna Hollingsworth  
Kacy and Scott O'Hare  
Brian and Adria Sheth  
Dr. Steven Warach and Dr. Mary Abreu  
Andrew and Laura York

## Determination

Sherrie and Dr. Bob Frachtman  
Venu and Shilpa Shamapant  
The University of Texas at Austin

## Patience

Peggy Bradley | Elevate Growth Partners | Bonita and Jeff Garvey | Husch Blackwell LLP | Doug Lackey | Maxwell Locke & Ritter | Dick and Missy McCarroll | Ann McIver | Moreland Properties | Perkins Coie LLP | Ben and Gayle Scott | Irene and Byron Smith & Mark Smith and Sara Jones | Melinda and Barry Twomey | Wilson Sonsini Goodrich & Rosati Foundation

## Perseverance

Brent and Shelley E. Adair & Georgia Erickson | Austin Subaru | Gerald Carruth in memory of Gail Carruth | Comerica Bank | Sunena and Dr. Harish Gagneja | Mr. and Mrs. John D. Groendyke in honor of Catherine Lucchesi, Event Chair | Tom Hill and Patti Halladay | Elaine and Dr. Everett Heinze | Kapil and Sangeeta Jain | Matthew and Rita Kreisle | Adi and Rajul Mishra | Pat and Suzanne Pierson | Deborah and Richard Rudy | Shearman & Sterling LLP | Bill and Danna Volk

## Courage

Craig Adair and Tina Berner | Baylor Scott and White Health | Laurie Curra | Custom Sheet Metal Inc. | Dena Speaks | Tom and Beth Granger | H-E-B | Ram and Girija Kolluri | Drs. Robert and Linda Lee | Amy and David Little | MFI Foundation | Lynn and John O'Neill | R Bank | St. David's Medical Center | Steve and Cookie Saunders & Steve Shook | University of St. Augustine for Health Sciences, MS Speech-Language Pathology Program | Vinson & Elkins LLP



ANCHOREO



ELEVATE  
GROWTH PARTNERS



HUSCH  
BLACKWELL

MORELAND  
PROPERTIES

W&R  
Wilson Sonsini Goodrich & Rosati  
FOUNDATION

PERKINS COIE



SHEARMAN  
& STERLING



CUSTOM  
SHEET METAL, INC.

DENA  
Speaks

H-E-B  
Helping Here.



St David's  
HEALTHCARE

Vinson & Elkins LLP



# Thank You to Our 2022 Donors

## General Donations

Mary Ann Baker  
Karyn Barnett  
Vicky Blackman  
Karyn Barnett, in memory of Clyde Koeing  
Delvin Crenshaw  
Merrie Goguen, in honor of Liz Kieth  
Pirie Humphries  
Charles R. Keith  
Wayne Koeing  
Rose Loenardis  
Dr, William Margo  
Missy McCarroll  
DeLynn Phillips  
Roxanne Rouse, in honor of Ann Rouse  
Christina Salvidar  
Schoox Inc  
Rhonda Smith  
Chance Stovall  
Rao Venuganti  
Bob Westbrook  
Andy White  
Melinda Worley  
Sagan Zavelo, in memory of Amy Slotin

## Friends of Austin Speech Labs Monthly Donors

Martha Black  
Sherrie and Dr. Bob Frachtman  
John Kinny  
Roberta Nelson  
Christy Oliver  
Vicki Roberts  
Shanker and Nisha Sharma  
Lynne Williams

## Amplify Austin

Brent and Shelley Adair  
ASAA Consulting Inc  
Kristen Alexandrov  
Kai Alterman  
Lauren Anderson  
Wanda Anderson  
Ilene Barr  
Kathy Bolstorff  
Patricia Brown  
Andrea Browning, in honor of Haley Piotroski  
Erin Buntain  
Ann Busby  
David Butts, in memory of Pat Crow  
John Cain  
Katilyn Carr

Bergan Casey  
Emily Chauvin  
Maria Luisa Chavarria  
Mike Chesser  
You Kin Chin  
Tara Chodorowski  
Ariel Cook  
Allison Cook  
Gary Cotshott  
Steven Darroh  
Vanessa and Gabriel Diaz  
Laura Dooley  
Suzanne Farrell  
Jeremiah and Laurel Fasl  
Sherrie Frachtman  
Michael Garica  
Leticia Garcia  
Barclay Gatten  
Lillianne Goeders  
Kimberly Golafshan  
Jackie Goodfellow  
Martha and Keith Griffith  
The Gutierrez Family  
Sharon Hankins  
Lisa Harris  
Karen Harrison  
Kristy Harrison  
Helen Hastings  
Elizabeth Hedinger  
Dr. Tom Hill  
Anne Hoberer  
Jane Howard  
Cheryl Hubbard  
Christopher Jenson  
Aizel Jimenez  
Woodie Jones  
Pranathi Kaliga  
Prashanthi Kailga  
Donnie and Sue Kemp  
Galen and Danelle Kemp  
Linda Kemp  
Susan Kirby  
Zoe Kuhn  
Tom and Rose Leonardis  
Stephanie Lightbody  
Catherine Lucchesi  
Sivaram Manda  
Juan Mata  
Cristina Mata  
Nora Mata  
Janice Matthews  
Graham McCarroll  
Missy McCarroll  
James McCulla  
James McFarland  
Patricia McGrath  
Cassandra McGrath  
Ann McIver

Kathryn Mercer  
Diana Mil  
Cathie Moreland  
John Murphy  
Maureen O'Connor  
Christy and Todd Oliver  
Russell and Sharon Oliver  
Emily Omeis  
Bonnie Orr  
William Paape  
John and Dixie Paulos  
Leslie Person  
Jaime Philip  
Jennifer Pickerill  
Derron Podd  
Sean Podd  
Wayne Prescott  
Judy and Lloyd Provost  
JET Austin Raganjali  
Raymond Ricafort  
Nancy Robohn  
Lakshmi Samudrala  
Donna Schubkegel  
Venu and Shilpa Shamapant  
The Sholtis Family  
Kim Skelton  
Gayla Sorenson  
Nial E. Stouder  
Lekha Surapaneni  
Mical Trejo  
Amy Vance  
Prashanth Vemuganti  
Michael Walters  
Amanda Washington  
Carnell Washington  
Elizabeth Wessell  
Susan Westbrook  
Jack Williams  
Lynne Williams  
Janine Williams  
Carol Zeng  
Roz Altmejd

## 2022 Grant Partners



# Thank You to Our 2022 Donors

## One Word At A Time

Brent Adair  
Craig Adair  
Sarah Adams  
Harish Agarwal  
Katie Agness  
Kalpana Alamelu  
Neelu Amar  
Meredith Amin  
Gaba Ankur  
Philip Anthony  
Karen Ashworth  
Amy Atsumi  
Jeanne Ballinger  
John Barclay  
Allan Barrow  
Robert Bass  
Jennifer Baum  
Heather Biagas, in honor of  
Jocelyn Lefall  
Kathy Bolstorff  
Robert Borowicz  
Yongmi Boswell  
Elise Boutin  
Peggy Bradley  
Trisha Bridges  
Pat Brown  
Alex Butler  
Scott Canion  
Karen Cannatti  
Antonio Capasso, in honor Tom  
Warmbrodt  
Danielle Carrier  
Dominic Castillo  
Lucian Childs  
Sandeep Chinnakeshu  
Shailagh Clarke  
Susan Coe  
Allison Cook  
Brett Cook  
Jenny Cook  
Rafael Cortez  
Cassandra Cuellar  
Erin Curra-Spurger  
Nate Curra-Spurger  
Natalie Czimskey  
Steven Darroh  
Elena Daugherty  
Sushama Davar  
Anita Daver  
Vinay Daver  
Erica Davis  
Peggy Davis  
Kirsten DeSteffen  
Sreelatha Devulapalli  
Varun Devulapalli  
Ajatshatru Dhawal  
John Dier  
Diana Douglas  
Kris Dudley

John Ely  
Brian Erickson  
Suzanne Farrell  
Debbie Fincher, in honor of Dick  
and Missy McCarroll  
Laura Finkel  
Tyrrell Flawn  
Brandon Frachtman  
Liz Fratus  
Harish Gagneja  
Mary Gallagher, in honor of the  
Warmbrodt Family  
Diana Gallia  
Anna Galloway  
John Garland  
Elizabeth Geise  
Andrew Geller  
Danielle Gilbert  
Marisa Giles  
Paul Godinez  
Poonam Goel  
Virginia H. Groendyke, in honor  
of Catherine Lucchessi  
Lalit Gulati  
Ritu Handa  
Allison Hanschen  
Kathryn Hayes  
Stephen Heilman  
Maya Henry  
Myron Hess  
Nickole Hines-Staples  
Drew Hintz  
Donna Hollingsworth  
Jim Houchins  
Charlotte Howell  
Jana Jackson  
Aman Jakkani  
Greg Jebaily  
Mary Beth Jester  
Nathan Jones  
Lauren Jungen  
Kerri Kallus  
Sai Kasam  
Anjana Kaul  
Joe Kendall  
Daisy Khambatta  
Mona Khanijow  
Fred Klint  
Missy and Steven Knebel  
Sangeeta Kolluri  
Srikala Kondapalli  
Casey Kopecky  
Rita Kreisle  
Zoe Kuhn  
Doug Lackey  
Holt Lackey  
Monica Landers  
Jerry and Janie Lehmann  
Frank Leonardis  
Greg Leonardis

Tom Leonardis  
Sara Levy-in honor of Laura York  
Brady  
Lucy Lian  
Ruel Lindenau  
Melissa LoBiondo  
Natalia Lopez Velez  
Susan Lubin  
Ronald Lucchesi  
Poonam Luthra  
Chris Lynn  
Helen Lynn  
Michael Martinez  
Virginia Martinez  
Penny McConnell  
Ann McIver, in honor of all ASL  
Therapists & Staff  
Jefferson Miley  
Jose Millan  
Carly Millanski  
Jackie Mills  
Megan Mitchell  
Sara Mitchell Jebaily  
Amit Mohan  
Cathie Moreland  
Judy Musgrove  
Brahmaji Mutyala  
Meena Mutyala  
Anh Nguyen  
Mia Nguyen  
John O'Neill  
Ryan O'Shaughnessy  
Russell Oliver  
Todd Oliver  
Kevin Paul  
Emma Perry  
John Pichardo  
Christina Portell  
Ronise Powalski  
Stefany Quirico  
David Rabke  
Latha Ramachandran  
Linda Richarte  
Loren Riemer  
Yasmin Rios-Schultz  
Audrey Romano  
Kimie Roney  
Sanjay Sachdev  
Ashley Saenz  
Benjamin Salazar  
Lakshmi Samudrala  
Stephen Saunders  
Meghan Savage  
Tony Schell  
Holly Schneider  
Meredith Schoen  
Kira Scott  
Ashima Seth  
Sangeeta Sethi  
Shilpa Shamapant

Venu Shamapant  
Steve Shook  
Stephanie Shreffler  
Tonya Silk  
Stephanie Silver  
Andy Smetana  
Christopher Smith  
Lal Sooch  
Joy Strother  
Robert Sureck  
Robert Thomason  
Cathleen Tocknell  
Rebecca Tong  
Jikku Venkat  
Todd Wade  
Isabel Waisman  
Lyndsay Walden  
Jena Walker  
Steven Warach  
Julie Warmbrodt  
Chris Washington  
Lisa Wauters  
Meredith Wells  
Susan Westbrook  
Kim Willey  
Beverly Williams  
Lynne Williams  
Katherine Wise  
Carol Zeng  
Levi Zook  
Horlock Foundation

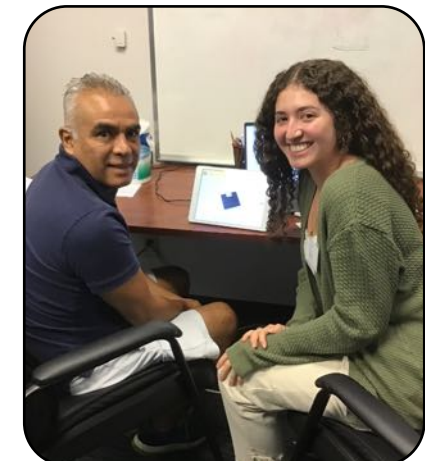
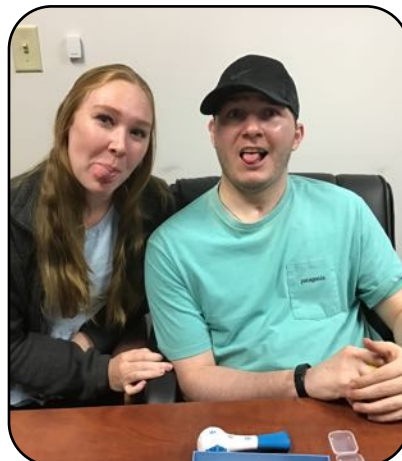
## 2022 One Word At Time Committee

Catherine Lucchessi, Chair  
Samina Byrd  
Anita Daver  
Sherrie Frachtman  
Danelle Kemp  
Kelly Kopecky  
Rita Kreisle  
Virginia Martinez  
Missy McCarroll  
Ann McIver  
Christy Oliver  
Audrey Romano  
Meredith Schoen  
Chelsea Schwierking  
Sangetta Sethi  
Celia Smith  
Emily Tanner  
Laura York

# Thank You to Our 2022 Donors

## One Word At A Time

Jean Allison  
Ilene Barr  
Peter Berner  
Dick Bolding  
Jennifer Bradley in Honor of Ann Mclver  
Paul Brady  
Tim and Pat Brown in Honor of Dick McCarroll  
Tony Choban  
Lynne Cline  
Francine Coleman  
Gary Cotshott  
Lisa Ellis  
Nancy Emsberger  
Marilyn Farrell  
James and Diana George in Honor of Diana  
Merrie Goguen in Honor of Liz Keith  
Patsy Griffith  
Dealey Herndon  
Tom and Marilyn Hilgendorf  
Paul and Phyllis Hubbard in Honor of Jeff Thomas  
Rejane Koenig in Memory of Clyde Koenig  
Tom and Rose Leonardis  
Candy Lochridge  
Carolyn Long  
Ray and Audrey Maislin in Honor of Sherrie Frachtman  
Steve Marcie  
Arlene Maze  
Kay and Dr. Tom McHorse  
Lousie Michaud  
Gail and Neil Miller  
Satish Mocherla  
Miriam Mulva  
William Paape  
Barbara Panzer  
Hari Pulijal  
MariBen Ramsey in Honor of Ann Mclver  
Dick and Sara Rathgeber  
Carolyn Sharkey in Honor of Ann Mclver  
Celia Smith  
Janet Strohmeyer in Honor of Dick McCarroll  
Rob Suffoletta  
Terminal B  
Barbara Tindel in Memory of Dr. Jerry Tindel  
Ron Warmstead  
Andy White in Honor of Jordan Kleypas  
Cathy Willmann in Honor of Ann Mclver





7800 Shoal Creek, Ste 136-S  
Austin, TX 78757



### Our Mission:

Austin Speech Labs is a 501(c)(3) approved nonprofit dedicated to supporting stroke survivors and their loved ones in rebuilding their lives.

[austinspeechlabs.org](http://austinspeechlabs.org)

512-992-0575

#### Staff Members

Shilpa Shamapant, President, Co-Founder, SLP  
Shelley E. Adair, Vice President, Co-Founder, SLP  
Lauren Anderson, SLP, Bilingual  
Mayra Carrera, SLP-A, Bilingual Program Lead  
Suzanne Farrell, SLP, Program Supervisor  
Kate Glenn, SLP-A  
Cassandra McGrath, SLP, Graduate Coordinator  
Isabel Noland, CFY- SLP  
Christy Oliver, COO, Grants Manager  
Jaime Philip, Accountant  
Santana Stevens, Director of Development  
Jussara Vitorino Woiler, PhD, SLP  
Candace Yuan, Marketing Intern

#### Board of Directors

Adi Mishra, Chair  
Laura York, Secretary  
Robert Hollingsworth, Treasurer  
Sherrie Frachtman  
Dr. Harish Gagneja  
Dr. Kapil Jain  
Zubin Khambatta  
David E. Little  
Catherine Lucchesi  
Ann McIver  
Lynn O'Neill  
Jody Rudman  
Dr. Steven Warach

#### Advisory Board

Dr. Everett Heinze, Neurologist  
Dr. Thomas Hill, Neurologist  
Dr. Robert Lee, Physical Medicine and Rehab  
Dr. Jefferson Miley, Neurologist  
Kacy O'Hare, Community Member  
Stephen Saunders, Attorney at Law  
Bill Volk, Attorney at Law



@AustinSpeechLabs